

## Forth day

The fourth day was a hot day! It was 25° outside.

Outside in the sun we got to know about the youth in action program. The leaders told us about the programs for example the program covers many actions like youth exchanges, youth initiatives, democracy project, European voluntary service and the youth support systems. Many participants were very interested in these projects and are thinking about applying. After the interesting introduction we ran to the beach! Everyone had a good time there and some swimming in the cold sea.



Before we started working in our workshops we played a couple games- we went outside and started to play games like hoki poki, the acting game, the laughing yoga, the samurai, cat and mouse and we ended on a one big clap for the group.

## Testimonials from Italy

Paola: "I like meeting new people. Different habits than Italy, but similar characters in Portugal. We love the music workshop, it's going great. We had a lot of fun with the international dances, the music was a little different from Italian."

Sylvia: "We, Italians love food, here we tried very good international food, and we love the honey liqueur :) The Icelandic night was very good, the SHARK was also good :) It was nice to hear again the song "Krummi svaf i klettagja". We danced and had fun. "

Francesco: "I learned new things about Iceland, the food is very different, but it's important to know new tastes. It was very well organized."



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# The Icelandic intercultural evening



The Icelanders showed us a video called inspired of Iceland. They told us about Icelandic nightlife, their culture, the northing lights, the music festival Iceland Airwaves and their organization that's called Seeds. They sang for us beautiful Icelandic songs called Krummi svaf i klettagja, Island farsaelda fron and Lifid er yndislegt and everyone sang. Then we all had some shark and brennivin. Skall!



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