

## The fun begins

Did everyone get a good night sleep?! :)))

Lets get some fuel and start! There are many beaches in Peniche and we already went to one beautiful beach. We were very happy especially the Icelanders. They were rolling around like the little kids playing on the beach. We took a lot of pictures and were very happy to have the good weather.



LET THE GAMES STARTED! The first icebreaker was a gravata (tie) which is a name game. We made a tie out of paper and wrote our name and what we like and what we hate. For example some participants didn't like spiders, snakes, alcohol bad food, birds and some liked not running, sun, good food and dogs. The treasure hunt! Everyone were running around and trying to win the game. Taking photos with a statue, singing on stage and puzzling but no one could finish the puzzle.

## Interview Rita (Portugal)

The energizers are very active and fun, help us to integrate as a group and talk with the other participants, and they raise up the spirit. It's my first exchange and I love the good mood, meeting new people. The workshop é giro (great)! :) I like it, the group has good ideas and working well.



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# Intercultural evening from Portugal



Portugal opened the first international evening. We listened to lovely traditional music from Peniche with the group "Cantar de Amigos" (accompanied by the sweet little girl Alice :) Portuguese food tradition is closely connected with the fish, especially Peniche, since it is a peninsula in the Atlantic ocean. Peniche has a big history with the fishing tradition and this night we tasted grilled sardinhas, not too much salty nor dry, tasted very good. Then of course, doces! The portuguese culture has many different kinds of sweets. The best - Esses de Peniche :) we tried the molotof cake, sweet rice. It was fun and music and excellent BBQ under the penichense night sky, so we begun our adventure with the sound and taste of Portugal. Thank you.



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